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Nurses' implementation of mental health screening among HIV infected guidelines

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Abstract

Up to 25% of people living with HIV (PLWHA) in South Africa are thought to suffer from some form of depression and anxiety during the course of the illness. The nurse-initiated ART improves patients' access to ART and gives nurses authority to treat uncomplicated patients. However, there is no parallel continuing development program aimed at preparing nurses to manage mental health problems at primary health care level. The purpose of the study was to explore nurses' interpretation and implementation of HIV/AIDS guidelines for mental health screening among HIV-infected individuals in South Africa.

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