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Dysregulation of miR-499, miR-708 and miR-1908 during a depression episode in bipolar disorders

Ewa Banach\textsuperscript{a}, Monika Dmitrzak-Weglarz\textsuperscript{a}, Joanna Pawlak\textsuperscript{a}, Pawel Kapelski\textsuperscript{a,b}, Aleksandra Szczepankiewicz\textsuperscript{a,c}, Aleksandra Rajewska-Rager\textsuperscript{b}, Agnieszka Slopien\textsuperscript{d}, Maria Skibinska\textsuperscript{a}, Piotr Czerski\textsuperscript{a}, Joanna Hauser\textsuperscript{a}

\textsuperscript{a}Psychiatric Genetics Unit, Department of Psychiatry, Poznan University of Medical Sciences, Poland; \textsuperscript{b}Department of Adult Psychiatry, Poznan University of Medical Sciences, Poland; \textsuperscript{c}Laboratory of Molecular and Cell Biology, Department of Pulmonology, Pediatric Allergy and Clinical Immunology, Poznan University of Medical Sciences, Poznan, Poland; \textsuperscript{d}Department of Children and Adolescents’ Psychiatry, Poznan University of Medical Sciences, Poland

Corresponding author: Ewa Banach ewabanach01@gmail.com

Abstract

Affective disorders include unipolar disorder (UP) (depression episodes) and bipolar disorder (BP) (depression and mania episodes). Currently, no biological markers are known that can help to differentiate these disorders. However, recent studies have suggested that psychiatric disorders can be connected with small, non-coding RNA, like microRNA.

The objective of this study was to analyse the expression level of three microRNAs (miR-499, miR-708, miR-1908) in bipolar and unipolar disorder during depression episodes and after entering the remission state.

Our study has shown a lower expression level of miR-499 (p=0.008), miR-708 (p=0.02) and miR-1908 (p=0.004) in depression episodes of the bipolar disorder patients in comparison to remission state.

We have not found similar differences in unipolar disorder and between those types in acute phase of depression and during remission.

Obtained results indicate that miRNAs: miR-499, miR-708 and miR-1908 are the most promising candidates for biomarkers of depression episodes of bipolar disorder.

Key words

miRNA, biomarkers, affective disorders, bipolar disorder
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