Convergent and discriminant validity of attenuated psychosis screening tools

Emily Kline a, Camille Wilson a, Sabrina Ereshefsky a, Thomas Tsuji a, Jason Schiffman a,⁎, Steven Pittsa, Gloria Reeves b

a University of Maryland, Baltimore County, United States
b University of Maryland, Baltimore, United States

Abstract

Brief self-report questionnaires that assess attenuated psychotic symptoms have the potential to screen many people who may benefit from clinical monitoring, further evaluation, or early intervention. The extent to which recently developed screening instruments demonstrate sound psychometric properties is an important issue toward the implementation of these measures in clinical practice. This study examines the convergent validity, discriminant validity, and test–retest reliability of four recently developed screening instruments. Screening instruments were included in an assessment battery and administered to a sample of 355 college students. Screening scores support the convergent and discriminant validity and the test–retest reliability of these measures.

1. Introduction

Brief screening instruments for the ‘Attenuated Psychosis Syndrome’ (APS) have the potential to be an important piece of more comprehensive psychosis risk identification efforts. Researchers have developed several self-report screening instruments for assessing psychosis risk states (e.g., Heinimaa et al., 2003; Miller et al., 2003; Ord et al., 2004; Loewy and Cannon, 2010). Items contained in these measures represent attenuated symptom constructs associated with psychosis risk such as unusual perceptions and sensations, ideas of reference, affective changes, superstitious beliefs, or abnormally suspicious thoughts.

The extent to which these screening instruments specifically tap APS symptoms relative to general psychopathology is an important issue in the validation of these instruments for clinical use. APS may share many clinical characteristics with non-psychotic mental disorders. Relatively non-specific constructs associated with APS such as social disengagement, constrained or dysthymic mood, anxiety, or attention problems may be less useful for screening purposes, as these symptoms also characterize non-psychotic mental health problems.

This study aims to demonstrate the convergent and discriminant validity and the test–retest reliability of four recently developed screening instruments for APS symptoms (Prime Screen—Revised, Prodromal Questionnaire—Brief, Youth Psychosis At-Risk Questionnaire—Brief, and PROD Screen). We hypothesize that correlations among screening tools designed to assess APS will be higher than correlations of screening scores with established measures of less related constructs.

2. Method

2.1. Materials

All participants completed a demographics form and 11 questionnaires (see Tables 1 and 2). Measures were numbered and entered into an algorithm (Bradley, 1958) to generate a balanced Latin square design to assess for ordering effects.

2.2. Procedure

This study was approved by the University of Maryland, Baltimore County (UMBC) Institutional Review Board. Participants (N = 355) were recruited from UMBC introductory psychology courses from November 2010 to May 2011. Participants who consented to follow-up (n = 88) re-completed the battery two weeks after initial participation. Participants were excluded from the final analysis pool if they endorsed three or more responses in the unexpected direction on the Chapman Infrequency Scale1 (n = 27).

1 CIS item 3 was not used toward exclusion due to high rates (32%) of endorsement in the current sample.
3. Results

The average age of participants was 20.5 years (SD = 2.9 years); 52.5% were female. The sample was ethnically diverse (39.0% Caucasian, 17.4% Black/African American, 29.3% Asian, 13.7% Mixed or ‘Other’). All measures including APS screeners demonstrated acceptable normality (Curran et al., 1996). Means, medians, standard deviations, skewness, and kurtosis of APS screeners are displayed in Table 3.

Table 4 displays the Pearson correlations between all measures at time 1 (N = 328). APS screeners correlated highly with one another (r = .51–.77). Correlations between APS screeners and measures of other constructs ranged from non-significant to large, showing a pattern of convergent and discriminant validity. APS screeners also correlated highly with the SPQ-B. Among the SPQ-B subscales, APS screeners as a group were statistically more related to the cognitive–perceptual (r = .53) and disorganization (r = .50) subscales than to the interpersonal subscale (r = .29) (APS screeners with SPQ-cog vs. APS screeners with SPQ-disorg, z = .566, p = .NS; APS screeners with SPQ-cog vs. APS screeners with SPQ-interpers., z = 4.422, p < .001; APS screeners with SPQ-disorg. vs. APS screeners with SPQ-interpers., z = 3.876, p < .001).

Table 5 displays the ‘average’ correlations representing each screener’s degree of relatedness to the other three screeners as a group, as well as to non-APS measures of psychopathology including the BAI, BDI, CAARS, and YPARQ-B. Comparisons of each APS measure’s average correlation with other APS screeners relative to its average correlation with non-APS measures of psychopathology yielded significant test results for all four APS measures (see Table 4). The average correlations of the YPARQ-B (.65), PQ-B (.64), and Prime (.62) with the other APS screeners all significantly differed from the average correlation of the PROD with the other APS screeners (.55) (z = 3.225, p = .001; z = 2.954, p = .002; z = 2.209, p = .01 respectively). Differences between the YPARQ-B, PQ-B, and Prime average correlations with other APS screeners were non-significant.

Test–retest reliability coefficients for all measures are displayed in Table 6. All test–retest coefficients were large and significant. The PROD reliability coefficient was the lowest of the group and was significantly lower than the average reliability coefficient across all measures (r_{avg} = .81) (z = −2.26, p = .043).

4. Discussion

4.1. Convergent and discriminant validity

The pattern of correlations displayed in Table 4 demonstrates evidence of convergent and discriminant validity for the APS screening
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