

## Accepted Manuscript

Challenge and threat imagery manipulates heart rate and anxiety responses to stress

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PII: S0167-8760(16)30845-5  
DOI: doi: [10.1016/j.ijpsycho.2017.04.011](https://doi.org/10.1016/j.ijpsycho.2017.04.011)  
Reference: INTPSY 11269

To appear in: *International Journal of Psychophysiology*

Received date: 9 December 2016  
Revised date: 27 April 2017  
Accepted date: 28 April 2017

Please cite this article as: Sarah E. Williams, Jet J.C.S. Veldhuijzen van Zanten, Gavin P. Trotman, Mary L. Quinton, Annie T. Ginty , Challenge and threat imagery manipulates heart rate and anxiety responses to stress, *International Journal of Psychophysiology* (2017), doi: [10.1016/j.ijpsycho.2017.04.011](https://doi.org/10.1016/j.ijpsycho.2017.04.011)

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Running head: IMAGERY AND STRESS RESPONSES

**Challenge and Threat Imagery Manipulates Heart Rate and Anxiety Responses to  
Stress**

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Date Submitted: 09/12/2016

Date resubmitted: 31/03/2017

متن کامل مقاله

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