

Author's Accepted Manuscript

An Investigation of Emotion Recognition Training to Reduce Symptoms of Social Anxiety in Adolescence

Caroline Rawdon, Daria Murphy, Gillian Motyer, Marcus R. Munafo, Ian Penton-Voak, Amanda Fitzgerald



PII: S0165-1781(17)30219-6
DOI: <https://doi.org/10.1016/j.psychres.2018.02.023>
Reference: PSY11197

To appear in: *Psychiatry Research*

Received date: 9 February 2017
Revised date: 6 February 2018
Accepted date: 6 February 2018

Cite this article as: Caroline Rawdon, Daria Murphy, Gillian Motyer, Marcus R. Munafo, Ian Penton-Voak and Amanda Fitzgerald, An Investigation of Emotion Recognition Training to Reduce Symptoms of Social Anxiety in Adolescence, *Psychiatry Research*, <https://doi.org/10.1016/j.psychres.2018.02.023>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

An Investigation of Emotion Recognition Training to Reduce Symptoms of Social Anxiety in Adolescence

Caroline Rawdon^a, Daria Murphy^b, Gillian Motyer^b, Marcus R. Munafò^{c,d}, Ian Penton-Voak^c, & Amanda Fitzgerald^{b*}

^aSchool of Nursing and Human Sciences, Dublin City University, Glasnevin, Dublin 9, Ireland

^bSchool of Psychology, University College Dublin, Newman Building, Belfield, Dublin 4, Ireland

^cSchool of Experimental Psychology, University of Bristol, 12a Priory Road, Bristol BS8 1TU, United Kingdom

^dMRC Integrative Epidemiology Unit, University of Bristol, 12a Priory Road, Bristol BS8 1TU, United Kingdom

caroline.rawdon@alumni.nuim.ie

daria.murphy@ucdconnect.ie

gillian.motyer@ucdconnect.ie

marcus.munafò@bristol.ac.uk

i.s.penton-voak@bristol.ac.uk

***Corresponding author:** Dr Amanda Fitzgerald, UCD School of Psychology, Room D203 Newman Building, University College Dublin, Belfield, Dublin 4, Ireland. Tel: +353 17168541, E-mail: amanda.fitzgerald@ucd.ie

Abstract

This study aimed to examine the effect of emotion recognition training on social anxiety symptoms among adolescents, aged 15-18 years. The study included a screening session, which identified participants who scored above a cut-off on a self-report measure of social anxiety for enrolment into a randomized controlled trial (Clinical Trials ID: NCT02550379). Participants were randomized to an intervention condition designed to increase the perception of happiness over disgust in ambiguous facial expressions or a sham intervention control condition, and completed self-report measures of social anxiety, fear of negative evaluation, anxiety-related disorders, and depressive symptoms. The intervention group demonstrated a strong shift in the balance point at which they perceived happiness over disgust in ambiguous facial expressions. This increase in positive perception was not associated with any changes in the primary outcome of social anxiety; however, some evidence of improvement in symptomatology was observed on one of a number of secondary outcomes. Those in the intervention group had lower depression symptoms at 2-week follow-up, compared to those in the control group who received the sham intervention training. Potential reasons for why the shift in balance point measurement was not associated with a concurrent shift in symptoms of social anxiety are discussed.

Keywords

متن کامل مقاله

دریافت فوری ←

ISIArticles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات