

# Accepted Manuscript

Title: Is there an association between short sleep duration and adolescent anxiety disorders

Author: Robert E. Roberts, Hao T. Duong

PII: S1389-9457(16)00060-5

DOI: <http://dx.doi.org/doi: 10.1016/j.sleep.2016.02.007>

Reference: SLEEP 3017

To appear in: *Sleep Medicine*

Received date: 9-7-2015

Revised date: 22-2-2016

Accepted date: 23-2-2016



Please cite this article as: Robert E. Roberts, Hao T. Duong, Is there an association between short sleep duration and adolescent anxiety disorders, *Sleep Medicine* (2016), <http://dx.doi.org/doi: 10.1016/j.sleep.2016.02.007>.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Sleep Restriction and Adolescent Anxiety

**Is There an Association Between Short Sleep Duration and Adolescent Anxiety Disorders**

Robert E. Roberts, Ph.D.<sup>1</sup>  
UTHealth School of Public Health,  
Michael & Susan Dell Center for Healthy Living  
University of Texas Health Science Center at Houston  
San Antonio Regional Campus, John Smith Drive, Suite 1100, San Antonio, Texas 78229  
210 276 9023 - T  
210 276 9032 - F  
E-mail address: [Robert.E.Roberts@uth.tmc.edu](mailto:Robert.E.Roberts@uth.tmc.edu)

Hao T. Duong, M.D., M.P.H, Dr.P.H.  
HAIVN: Partnership for Health Advancement in Vietnam, 1<sup>st</sup> floor, 15-Floor building  
217 Hong Bang, District 5, Ho Chi Minh, Viet Nam  
84-8-3950-9646 Ext: 19 - T  
84-8-3950-8208 - F  
E-mail address: [hao@haivn.org](mailto:hao@haivn.org)

Word Count: 3,521

Highlights

- Short sleep duration at baseline increased risk of future anxiety disorders two-fold.
- Anxiety disorders at baseline did not affect future risk of short sleep duration.
- These results mirror those we have found for short sleep duration and major depression.
- 

<sup>1</sup> Corresponding Author

متن کامل مقاله

دریافت فوری ←

**ISI**Articles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات