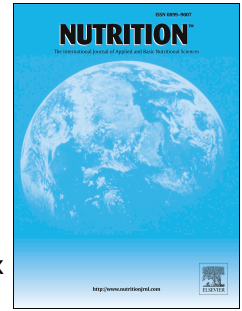


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Mediterranean diet adherence is associated with lifestyles, physical fitness and mental wellness among 10-year-olds, in Chile

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1 **Mediterranean diet adherence is associated with lifestyles, physical fitness and mental**  
2 **wellness among 10-year-olds, in Chile.**

3  
4 **Running head: Mediterranean diet, physical and mental status.**

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