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Respiratory subtype of panic disorder: can serum, phosphate levels be a possible outcome to group, cognitive-behavior therapy?

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Highlights

- Panic disorder (PD) respiratory subtype (RS) was described in order to cluster patients according to their symptoms.
- An acute disturbance in brain pH and in the brain respiratory center can culminate in panic, in most individuals.
- Respiratory Subtype and non-Respiratory Subtype patients benefit from Cognitive-Behavioral Therapy approaches and techniques.
- A change in phosphate levels after effective treatment in panic disordered of both subtypes patients was detected, what could indicate a reversal of the conditions that promote hypophosphatemia, as chronic hyperventilation

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