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Cost-Effectiveness of In-Home Cognitive Behavioral Therapy for Low-Income
Depressed Mothers Participating in Early Childhood Prevention Programs

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Abstract

Background:

To determine the cost-effectiveness of In-Home Cognitive Behavioral Therapy (IH-CBT)
for low-income mothers enrolled in a home visiting program.

Methods:

A cost-utility analysis was conducted using results from a clinical trial of IH-CBT and
standard of care for depression derived from the literature. A probabilistic, patient-level

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