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Sleep disturbances in young and middle-aged adults Empirical patterns and related factors from an epidemiological survey

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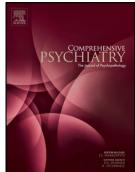
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## ACCEPTED MANUSCRIPT

#### Sleep disturbances in young and middle-aged adults

#### Empirical patterns and related factors from an epidemiological survey

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