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**Prevalence of nonsuicidal self-injury and its risk and protective factors
among adolescents in Taiwan**

Min-Pei Lin ^{a,*}, Jianing You ^b, Yaxuan Ren ^b, Jo Yung-Wei Wu ^c, Wei-Hsuan Hu ^d, Cheng-Fang Yen ^{e,f}, and Xu Zhang ^b

^a *Department of Educational Psychology and Counseling, National Taiwan Normal University, No.162, Sec. 1, Heping E. Rd., Da-an District, Taipei City 106, Taiwan*

^b *Guangdong Key Laboratory of Mental Health and Cognitive Science, Center for Studies of Psychological Application, and School of Psychology, South China Normal University, No. 155 Zhongshan W. Rd, Tianhe District, Guangzhou, China*

^c *Institute of Allied Health Sciences, College of Medicine, National Cheng Kung University, No. 1, University Rd, Tainan 701, Taiwan*

^d *Department of Counseling and Guidance, National University of Tainan, No.33, Sec. 2, Shu-Lin St., Tainan 700, Taiwan*

^e *Department of Psychiatry, Kaohsiung Medical University Hospital, No.100, Tzyou 1st Road, Kaohsiung 807, Taiwan*

^f *Department of Psychiatry, Tainan Municipal Hospital, No.670, Chongde Road, East District, Tainan 701, Taiwan*

*Corresponding author. Department of Educational Psychology and Counseling, National Taiwan Normal University, No.162, Sec. 1, Heping E. Rd., Da-an District, Taipei City 106, Taiwan. Tel: +886-2-77343770; Fax: +886-2-23413865; E-mail: lmmpp@ntnu.edu.tw (Min-Pei Lin)

Abstract

The present study aimed to investigate the prevalence of nonsuicidal self-injury (NSSI) in a large representative sample of secondary school students and identified the psychosocial risk and protective factors. Using a cross-sectional design, 2,170 participants were recruited from senior high schools throughout Taiwan using both stratified and cluster sampling. The one-year prevalence of NSSI was found to be 20.1%. Results suggested that compared to non-injurers, episodic self-injurers reported higher levels of neuroticism and openness, while repetitive self-injurers reported higher levels of neuroticism, openness, avoidance/emotion-focused coping, and virtual social support, and lower levels of self-esteem and cognitive reconstruction/problem-focused coping. Compared to episodic self-injurers, repetitive self-injurers reported a higher level of avoidance/ emotion-focused coping. Additionally, compared to non-injurers, mild self-injurers reported higher levels of neuroticism and openness, while severe self-injurers reported higher levels of neuroticism, openness, avoidance/emotion-focused coping, and virtual social support, and lower levels of

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