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Author: Julie Loebach Wetherell, Emily S. Bower, Kristen Johnson, Douglas G. Chang, Samuel R. Ward, Andrew J. Petkus

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Fear of Falling 1

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Integrated Exposure Therapy and Exercise Reduces Fear of Falling and Avoidance in Older

Adults: A Randomized Pilot Study

Julie Loebach Wetherell, Ph.D., 1 2 Emily S. Bower, Ph.D., 3 Kristen Johnson, PT, Ed.D., 4 Douglas G. Chang, M.D., Ph.D., 5, Samuel R. Ward, PT, Ph.D.5, Andrew J. Petkus, Ph.D.6

1 Psychology Service, VA San Diego Healthcare System

- 2 Department of Psychiatry, University of California, San Diego
- 3 SDSU/UCSD Joint Doctoral Program in Clinical Psychology
- 4 Department of Physical Therapy Program, University of St. Augustine for Health Sciences
 - 5 Department of Orthopedic Surgery, University of California, San Diego
 - 6 Department of Neurology, University of Southern California

Correspondence to: Julie Wetherell, Ph.D. UCSD Department of Psychiatry 9500 Gilman Drive, Dept. 9111N-1 La Jolla, CA 92093-9111 TEL: 858-552-8585 ext. 2752

FAX: 858-552-4321

Email: jwetherell@ucsd.edu

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