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Authors: Courtney T. Byrd, Robyn Croft, Zoi Gkalitsiou,
Elizabeth Hampton



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RUNNING HEAD: CLINICAL UTILITY OF SELF-DISCLOSURE FOR ADULTS WHO STUTTER

Clinical Utility of Self-Disclosure for Adults who Stutter: Apologetic versus Informative Statements

Courtney T. Byrd¹, Robyn Croft², Zoi Gkalitsiou¹, Elizabeth Hampton¹

¹The University of Texas at Austin

²Texas Christian University

*Address for correspondence: Courtney T. Byrd, The University of Texas at Austin, 1 University Station A1100, Austin, TX 78712, USA. Phone: 512.232.9426; Fax: 512.471.2957; email: Courtney.byrd@austin.utexas.edu

Highlights

- Explored whether self-disclosure positively influence observers' perceptions of adults who stutter.
- Compared observers' ratings of speakers using apologetic and informative statements and speakers who did not self-disclose.
- Self-disclosing in an informative manner within a job interview setting leads to significantly more positive observer ratings than choosing not to self-disclose.
- Use of an apologetic statement, for the most part, does not yield significantly more positive ratings than choosing not to self-disclose.
- Clinicians should recommend self-disclosing in an informative manner to adults who stutter who are seeking more positive perceptions from listeners.

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