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Garrett Hisler, Zlatan Krizan

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### ACCEPTED MANUSCRIPT

## Anger tendencies and sleep: Poor anger control is associated with objectively measured sleep disruption

Garrett Hisler & Zlatan Krizan
Department of Psychology
W112 Lagomarcino Hall
Iowa State University
Ames, Iowa, 50011

Email: hislerg@iastate.edu, zkrizan@iastate.edu

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**Author contributions**. GH contributed to study concept and design, data analysis and interpretation, drafting manuscript, and review and final approval of manuscript. ZK contributed to study concept and design, data interpretation, review and final approval of manuscript.

**Open data access**. Data used for this study is not available directly from authors as data from the MIDUS Milwaukee African American sample is protected by a restricted data use agreement.

**Preregistration.** This study was not preregistered prior to submission.

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