

Accepted Manuscript

Both positive mental health and psychopathology should be monitored in psychotherapy: Confirmation for the dual-factor model in acceptance and commitment therapy

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PII: S0005-7967(17)30018-9

DOI: [10.1016/j.brat.2017.01.008](https://doi.org/10.1016/j.brat.2017.01.008)

Reference: BRT 3085

To appear in: *Behaviour Research and Therapy*

Received Date: 20 October 2015

Revised Date: 9 January 2017

Accepted Date: 17 January 2017

Please cite this article as: Trompetter, H.R., Lamers, S.M.A., Westerhof, G.J., Fledderus, M., Bohlmeijer, E.T., Both positive mental health and psychopathology should be monitored in psychotherapy: Confirmation for the dual-factor model in acceptance and commitment therapy, *Behaviour Research and Therapy* (2017), doi: 10.1016/j.brat.2017.01.008.

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Both positive mental health and psychopathology should be monitored in psychotherapy:
Confirmation for the dual-factor model in Acceptance and Commitment Therapy

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Running head: Dual-factor model ACT

For submission in: Behaviour Research and Therapy

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