Accepted Manuscript

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PII: S0306-4530(16)30500-5

DOI: http://dx.doi.org/doi:10.1016/j.psyneuen.2016.11.009

Reference: PNEC 3448

To appear in:

Received date: 29-7-2016 Revised date: 12-10-2016 Accepted date: 8-11-2016

Please cite this article as: {http://dx.doi.org/

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ACCEPTED MANUSCRIPT

Lower cortisol level in response to a psychosocial stressor in young females with self-

harm

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Highlights

- Blood cortisol levels during the Trier Social Stress Test were assessed in a group of female adolescents (n=130), using larger sample sizes than in former trials
- Participants with self-harm (n=21) showed lower cortisol levels
- This study adds to former work showing an altered HPA-axis response to social stressors in individuals with self-harm

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