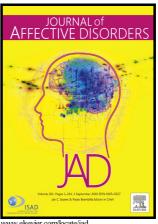
### Author's Accepted Manuscript

Harm reduction as a strategy for supporting people who self-harm on mental health wards: the views and experiences of practitioners

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www.elsevier.com/locate/iad

PII: S0165-0327(16)31869-9

http://dx.doi.org/10.1016/j.jad.2017.03.002 DOI:

Reference: JAD8801

To appear in: Journal of Affective Disorders

Received date: 11 October 2016 Revised date: 1 February 2017 Accepted date: 5 March 2017

Cite this article as: Karen James, Isaac Samuels, Paul Moran and Dunca Stewart, Harm reduction as a strategy for supporting people who self-harm or mental health wards: the views and experiences of practitioners, Journal c Affective Disorders, http://dx.doi.org/10.1016/j.jad.2017.03.002

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#### **ACCEPTED MANUSCRIPT**

Harm reduction as a strategy for supporting people who self-harm on mental health wards: the views and experiences of practitioners

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#### **Abstract**

#### Background

Harm reduction has had positive outcomes for people using sexual health and substance misuse services. Clinical guidance recommends these approaches may be appropriately adopted by mental health practitioners when managing some people who self-harm. There has, however, been very little research in this area.

#### Methods

We explored practitioners' views of harm reduction as a strategy for supporting people who self-harm. The Self Harm Antipathy Scale (SHAS) was administered to a random sample of 395 mental health practitioners working on 31 wards in England, semi-structured interviews were then conducted with 18 survey respondents.

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