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Sleep Augments Training-Induced Improvement in Working Memory in Children and Adults

Katharina Zinke, Hannes Noack, Jan Born

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## Sleep Augments Training-Induced Improvement in Working Memory in Children and Adults

Katharina Zinke<sup>1</sup>, Hannes Noack<sup>2</sup>, & Jan Born<sup>1</sup><sup>1</sup> Institute of Medical Psychology and Behavioral Neurobiology, University of Tübingen<sup>2</sup> Department of Psychiatry and Psychotherapy, University of Tübingen

Correspondence concerning this article should be addressed to Katharina Zinke, Department of Medical Psychology and Behavioral Neurobiology, University of Tübingen, Otfried-Müller-Str. 25, 72076 Tübingen, Germany. Email: [katharina.zinke@uni-tuebingen.de](mailto:katharina.zinke@uni-tuebingen.de). Tel: +49(0)7071-29-75568. Fax: +49(0)7071-29-5593 or Jan Born, Department of Medical Psychology and Behavioral Neurobiology, University of Tübingen, Otfried-Müller-Str. 25, 72076 Tübingen, Germany. Email: [jan.born@uni-tuebingen.de](mailto:jan.born@uni-tuebingen.de). Tel: +49(0)7071-29-88924. Fax: +49(0)7071-29-25016

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