### **Accepted Manuscript**

A Naturalistic Examination of the Perceived Effects of Cannabis on Negative Affect

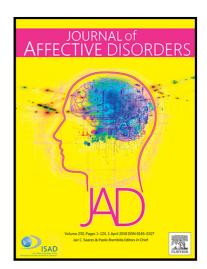
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#### ACCEPTED MANUSCRIPT

#### CANNABIS AND NEGATIVE AFFECT

#### Highlights

- Cannabis significantly reduced ratings of depression, anxiety, and stress
- Women reported larger reductions in anxiety as a function of cannabis than did men
- Low THC/high CBD cannabis was best for reducing perceived symptoms of depression
- High THC/low CBD cannabis was best for reducing perceived symptoms of stress
- Use of cannabis to treat depression appears to exacerbate depression over time

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