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Turning lemonade into lemons: Dampening appraisals reduce positive affect and increase negative affect during positive activity scheduling

Leigh-Anne Burr, Mahmood Javiad, Grace Jell, Aliza Werner Seidler, Barnaby D. Dunn



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Turning lemonade into lemons: Dampening appraisals reduce positive affect and increase negative affect during positive activity scheduling

Leigh-Anne Burr<sup>1</sup>

Mahmood Javiad<sup>1</sup>

Grace Jell<sup>1</sup>

Aliza Werner Seidler<sup>2</sup>

Barnaby D Dunn<sup>1</sup>

1 - Mood Disorders Centre, University of Exeter, United Kingdom

2 - Black Dog Institute, University of New South Wales, Sydney, Australia

**Corresponding Author Information:** Corresponding author is Dr Barnaby Dunn, Mood Disorders Centre, University of Exeter, Exeter, UK, EX4 4QG. e-mail: [b.d.dunn@exeter.ac.uk](mailto:b.d.dunn@exeter.ac.uk). Telephone: +44(0) 1392 724680.

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