

Accepted Manuscript

Title: Mindfulness-based cognitive therapy for headache pain:
An evaluation of the long-term maintenance of effects

Authors: Melissa A. Day, Beverly E. Thorn

PII: S0965-2299(16)30365-X
DOI: <http://dx.doi.org/doi:10.1016/j.ctim.2017.06.009>
Reference: YCTIM 1702

To appear in: *Complementary Therapies in Medicine*

Received date: 30-11-2016
Revised date: 21-6-2017
Accepted date: 30-6-2017

Please cite this article as: Day Melissa A, Thorn Beverly E. Mindfulness-based cognitive therapy for headache pain: An evaluation of the long-term maintenance of effects. *Complementary Therapies in Medicine* <http://dx.doi.org/10.1016/j.ctim.2017.06.009>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



Mindfulness-Based Cognitive Therapy for Headache Pain:

An Evaluation of the Long-Term Maintenance of Effects

Running Head: LONG-TERM EFFICACY OF MBCT FOR HEADACHE

Melissa A. Day, Ph.D.,¹ & Beverly E. Thorn, Ph.D.²

¹ School of Psychology, The University of Queensland, Brisbane, Queensland, Australia

² Department of Psychology, The University of Alabama, Tuscaloosa, Alabama, U.S.A.

Word Count: 4,134 words

Author Contact Details:

Melissa A. Day

The University of Queensland
330 McElwain Building
Brisbane, Queensland, Australia 4072

E: m.day@uq.edu.au

T: +61 7 3365 6421

F: +61 7 3365 4466

W: www.psy.uq.edu.au

Support: The Anthony Marchionne Foundation & The National Headache Foundation

Highlights

- This study is the first to examine the durability of gains following Mindfulness-Based Cognitive Therapy (MBCT) for headache.

متن کامل مقاله

دریافت فوری ←

ISIArticles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات