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A 12-month study of the hikikomori syndrome of social withdrawal:  
clinical characterization and different subtypes proposal

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**Highlights**

- Hikikomori syndrome of social withdrawal is comorbid with several psychiatric disorders in our society.
- There are subgroups based on comorbidity, with differences in basal characteristics and evolution.
- The anxiety-affective subgroup presents more favorable baseline characteristics, but worse evolution at 12 months.
- These subjects present fragility and tendency to relapse and have disengagement, which is particularly relevant in the anxiety-affective subgroup.
- Long-term intensive home or hospital treatments are more effective than short outpatient treatments.

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