### Accepted Manuscript

Title: Low supply of social support as risk factor for mortality in the older adults

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PII: S0167-4943(17)30101-2

DOI: http://dx.doi.org/doi:10.1016/j.archger.2017.07.016

Reference: AGG 3521

To appear in: Archives of Gerontology and Geriatrics

Received date: 1-2-2017 Revised date: 8-7-2017 Accepted date: 21-7-2017

Please cite this article as: de Brito, Tábatta Renata Pereira, Nunes, Daniella Pires, Corona, Ligiana Pires, Alexandre, Tiago da Silva, de Oliveira Duarte, Yeda Aparecida, Low supply of social support as risk factor for mortality in the older adults. Archives of Gerontology and Geriatrics http://dx.doi.org/10.1016/j.archger.2017.07.016

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## ACCEPTED MANUSCRIPT

#### Low supply of social support as risk factor for mortality in the older adults

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#### Highlights

- The support offered seems to be as important as that received.
- Social networks have been found to have protective effects on mortality.
- Reciprocity in relationships has been associated with higher levels of health.

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