

## Author's Accepted Manuscript

The Ten-Year Course of Depression in Primary Care and Long-term Effects of Psychoeducation, Psychiatric Consultation and Cognitive Behavioral Therapy

Henk Jan Conradi, Elisabeth H. Bos, Jan H. Kamphuis, Peter de Jonge



PII: S0165-0327(16)32142-5  
DOI: <http://dx.doi.org/10.1016/j.jad.2017.03.064>  
Reference: JAD8863

To appear in: *Journal of Affective Disorders*

Received date: 16 November 2016

Accepted date: 28 March 2017

Cite this article as: Henk Jan Conradi, Elisabeth H. Bos, Jan H. Kamphuis and Peter de Jonge, The Ten-Year Course of Depression in Primary Care and Long-term Effects of Psychoeducation, Psychiatric Consultation and Cognitive Behavioral Therapy, *Journal of Affective Disorders* <http://dx.doi.org/10.1016/j.jad.2017.03.064>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

# The Ten-Year Course of Depression in Primary Care and Long-term Effects of Psychoeducation, Psychiatric Consultation and Cognitive Behavioral Therapy

Henk Jan Conradi<sup>1\*</sup>, Elisabeth H. Bos<sup>2</sup>, Jan H. Kamphuis<sup>1</sup>, Peter de Jonge<sup>2</sup>

<sup>1</sup>University of Amsterdam, Department of Clinical Psychology, The Netherlands

<sup>2</sup>University of Groningen, Department of Developmental Psychology, The Netherlands

\*Correspondence to: Department of Clinical Psychology, University of Amsterdam, Postbus 15933, 1001 NK Amsterdam, The Netherlands. h.j.conradi@uva.nl

## Abstract

### Background

While the majority of depressed patients are treated in primary care, long-term follow-up data on the naturalistic course of depression and treatment effectiveness in this setting are scarce.

This study examined the ten-year course of depression in primary care patients who had participated in a randomized clinical trial aiming at enhancement of depression outcomes.

### Methods

Of the original sample ( $n=267$ ), 166 patients participated in the ten-year follow-up; missingness was random. Four treatments were compared: (1) Care As Usual (CAU;  $n=51$ ); (2) a Psychoeducational Prevention program (PEP;  $n=68$ ); (3) Psychiatric Consultation followed by PEP (PC+PEP;  $n=21$ ); and (4) brief Cognitive Behavioral Therapy followed by PEP (CBT+PEP;  $n=26$ ). During the first three years Composite International Diagnostic Interview (CIDI) based interviews were three-monthly applied, the seven years thereafter were assessed with a once applied CIDI and face-to-face life chart-based interview.

متن کامل مقاله

دریافت فوری ←

**ISI**Articles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات