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Long-term treatment effect of trauma-affected refugees with flexible Cognitive Behavioural Therapy and antidepressants

Caecilie Böck Buhmann , Merete Nordentoft , Morten Ekstroem , Jessica Carlsson , Erik Lykke Mortensen

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Highlights

- Treatment with cognitive behavioral therapy and antidepressants was associated with improvement in PTSD, depression, quality of life and level of functioning
- Improvement over time was independent of treatment modality.
- Relational conflicts and socioeconomic problems were associated with worse outcome



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