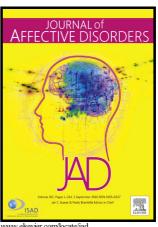
Author's Accepted Manuscript

Vegetarian diets and depressive symptoms among men

Joseph R. Hibbeln, Kate Northstone, Jonathan Evans, Jean Golding



www.elsevier.com/locate/iad

PII: S0165-0327(16)32391-6

DOI: http://dx.doi.org/10.1016/j.jad.2017.07.051

Reference: JAD9117

To appear in: Journal of Affective Disorders

Received date: 13 February 2017 Revised date: 24 July 2017 Accepted date: 27 July 2017

Cite this article as: Joseph R. Hibbeln, Kate Northstone, Jonathan Evans and Jea Golding, Vegetarian diets and depressive symptoms among men, Journal c Affective Disorders, http://dx.doi.org/10.1016/j.jad.2017.07.051

This is a PDF file of an unedited manuscript that has been accepted fo publication. As a service to our customers we are providing this early version o the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain

ACCEPTED MANUSCRIPT

Vegetarian diets and depressive symptoms among men

Joseph R. Hibbeln^{a*}, Kate Northstone^b, Jonathan Evans^b, Jean Golding^b

^aSection on Nutritional Neurosciences, National Institute on Alcohol Abuse and Alcoholism, NIH

Rockville MD, USA

^bSchool of Social and Community Medicine, University of Bristol, UK

*Corresponding author: CAPT Joseph R. Hibbeln, MD, Acting Chief, Section on Nutritional Neurosciences, NIAAA, NIH, 5625 Fishers lane, Room 3N-07, Rockville, MD 20892 USA. Tel.: (01)-301-594-3034. jhibbeln@mail.nih.gov

Abstract

Background

Vegetarian diets are associate with cardiovascular and other health benefits, but little is known about mental health benefits or risks.

Aims

To determine whether self-identification of vegetarian dietary habits is associated with significant depressive symptoms in men.

Method

Self-report data from 9668 adult male partners of pregnant women in the Avon Longitudinal Study of Parents and Children (ALSPAC) included identification as vegetarian or vegan, dietary frequency data and the Edinburgh Post Natal Depression Scale (EPDS). Continuous and binary outcomes were assessed using multiple linear and logistic regression taking account of potential confounding variables including: age, marital status, employment status, housing tenure, number

دريافت فورى ب متن كامل مقاله

ISIArticles مرجع مقالات تخصصی ایران

- ✔ امكان دانلود نسخه تمام متن مقالات انگليسي
 - ✓ امكان دانلود نسخه ترجمه شده مقالات
 - ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
 - ✓ امكان دانلود رايگان ۲ صفحه اول هر مقاله
 - ✔ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
 - ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات