

## Accepted Manuscript

Title: EFFECTS OF COMBINED ORAL  
CONTRACEPTION CONTAINING DROSPIRENONE ON  
PREMENSTRUAL EXACERBATION OF MENIERE'S  
DISEASE: PRELIMINARY STUDY



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PII: S0301-2115(18)30110-6  
DOI: <https://doi.org/10.1016/j.ejogrb.2018.03.015>  
Reference: EURO 10265

To appear in: *EURO*

Received date: 1-3-2018  
Accepted date: 8-3-2018

Please cite this article as: Caruso Salvatore, Mauro Diletta, Maiolino Luigi, Grillo Caterina, Rapisarda Agnese Maria Chiara, Cianci Stefano. EFFECTS OF COMBINED ORAL CONTRACEPTION CONTAINING DROSPIRENONE ON PREMENSTRUAL EXACERBATION OF MENIERE'S DISEASE: PRELIMINARY STUDY. *European Journal of Obstetrics and Gynecology and Reproductive Biology* <https://doi.org/10.1016/j.ejogrb.2018.03.015>

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**Title page**EFFECTS OF COMBINED ORAL CONTRACEPTION CONTAINING DROSPIRENONE ON  
PREMENSTRUAL EXACERBATION OF MENIERE'S DISEASE: PRELIMINARY STUDY

Running title: Hormonal contraception containing Drospirenone could improve the premenstrual  
Meniere's disease

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**ABSTRACT**

**Objectives:** Meniere's disease is caused by an augmented endolymph pressure in the inner ear; symptoms are vertigo, fluctuating hearing loss and tinnitus. Exacerbations has been noted during premenstrual phase. The study aims to evaluate the effects of a 20 mcg Ethinylestradiol (EE) and 3 mg Drospirenone (DRSP) oral contraceptive (20mcgEE/3mgDRSP) in continuous regimen, associated with rehabilitation therapy on Meniere's disease.

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