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Title: The association between pain catastrophising and kinesiophobia with pain and function in people with plantar heel pain

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1 The association between pain catastrophising and kinesiophobia with pain and
2 function in people with plantar heel pain

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20 **What is already known**

- 21 • Plantar heel pain (or plantar fasciitis) is the most common cause of pain
22 beneath the heel
- 23 • Catastrophising and kinesiophobia are common in people with chronic
24 musculoskeletal pain
- 25 • Increased levels of kinesiophobia have been reported in people with foot and
26 ankle pain

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