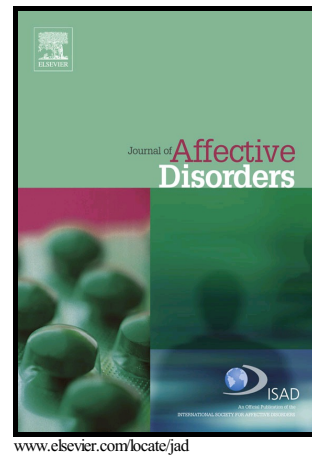


Author's Accepted Manuscript

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PII: S0165-0327(16)30239-7
DOI: <http://dx.doi.org/10.1016/j.jad.2016.05.054>
Reference: JAD8268

To appear in: *Journal of Affective Disorders*

Received date: 14 February 2016

Revised date: 20 May 2016

Accepted date: 23 May 2016

Cite this article as: Kenta Matsumura, Hiroko Noguchi, Daisuke Nishi, Kei Hamazaki, Tomohito Hamazaki and Yutaka J. Matsuoka, Effects of omega-3 polyunsaturated fatty acids on psychophysiological symptoms of post-traumatic stress disorder in accident survivors: a randomized, double-blind, placebo controlled trial, *Journal of Affective Disorders* <http://dx.doi.org/10.1016/j.jad.2016.05.054>

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Effects of omega-3 polyunsaturated fatty acids on psychophysiological symptoms of post-traumatic stress disorder in accident survivors: a randomized, double-blind, placebo-controlled trial

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Abstract

Background:

Psychophysiological symptoms (e.g., pounding heart) are known to be a prominent feature of post-traumatic stress disorder (PTSD). Although omega-3 polyunsaturated fatty acids (PUFAs) have a beneficial potential pharmacological effect of preventing

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