

Accepted Manuscript

Title: Sexual Intimacy in Couples is Associated with Longer Telomere Length

Authors: Tomás Cabeza de Baca, Elissa S. Epel, Theodore F. Robles, Michael Coccia, Amanda Gilbert, Eli Puterman, Aric A. Prather



PII: S0306-4530(16)31003-4
DOI: <http://dx.doi.org/doi:10.1016/j.psyneuen.2017.03.022>
Reference: PNEC 3587

To appear in:

Received date: 9-12-2016
Revised date: 16-3-2017
Accepted date: 22-3-2017

Please cite this article as: Baca, Tomás Cabeza de, Epel, Elissa S., Robles, Theodore F., Coccia, Michael, Gilbert, Amanda, Puterman, Eli, Prather, Aric A., Sexual Intimacy in Couples is Associated with Longer Telomere Length. *Psychoneuroendocrinology* <http://dx.doi.org/10.1016/j.psyneuen.2017.03.022>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Sexual Intimacy in Couples is Associated with Longer Telomere Length

Running head: Intimacy and telomeres

Tomás Cabeza de Baca*, Elissa S. Epel, Theodore F. Robles, Michael Coccia, Amanda Gilbert, Eli Puterman, Aric A. Prather *

*Corresponding authors: Tomás Cabeza de Baca, and Aric Prather

Department of Psychiatry,

University of California, San Francisco,

3333 California St., Suite 465,

San Francisco, CA 94118, USA.

tomas.cabezadebaca@ucsf.edu

aric.prather@ucsf.edu

Word count: 5,363 (Abstract, manuscript and references)

(AAP). **Note:** The first author has moved to the Division of Cardiology at the University of California, San Francisco.

Highlights

- High-quality relationships are beneficial for physical and mental health
- Frequency of sex has also been linked to greater mental and physical health
- Sexual intimacy was associated with longer telomere length in whole blood and PBMCs
- Sexual intimacy was not associated with granulocyte telomere length and telomerase

متن کامل مقاله

دریافت فوری ←

ISIArticles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات