

Author's Accepted Manuscript

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PII: S0165-0327(16)30954-5
DOI: <http://dx.doi.org/10.1016/j.jad.2016.09.020>
Reference: JAD8461

To appear in: *Journal of Affective Disorders*

Received date: 8 June 2016
Revised date: 8 September 2016
Accepted date: 22 September 2016

Cite this article as: Quincy J.J. Wong, Bree Gregory, Jonathan E. Gaston, Ronald M. Rapee, Judith K. Wilson and Maree J. Abbott, Development and validation of the Core Beliefs Questionnaire in a sample of individuals with social anxiety disorder, *Journal of Affective Disorders* <http://dx.doi.org/10.1016/j.jad.2016.09.020>

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Development and validation of the Core Beliefs Questionnaire in a sample of individuals
with social anxiety disorder

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Abstract

Background

Prominent cognitive models of social anxiety have consistently emphasised the importance of beliefs about the self in the aetiology and maintenance of social anxiety. The present study sought to develop and validate a new measure of core beliefs about the self for SAD, the Core Beliefs Questionnaire (CBQ).

Methods

¹ This research was supported by National Health and Medical Research Council Grants (192107, 434213) awarded to Ronald M. Rapee.

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