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A feasibility study of a multi-dimensional breastfeeding-support intervention in Ireland

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Title: A feasibility study of a multi-dimensional breastfeeding-support intervention in Ireland

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Abstract

Background: Breastfeeding is the optimum mode of infant feeding. Despite this, most global populations do not achieve the World Health Organisation's recommendation of exclusive breast milk for the first 6 months of life. Irish breastfeeding rates are among the lowest in Europe, necessitating a well-designed breastfeeding-support intervention.

Aim: To evaluate the feasibility and acceptability of a multidimensional breastfeeding intervention in a rural and an urban maternity setting in Ireland.

Design: A feasibility study of a breastfeeding-support intervention.

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