

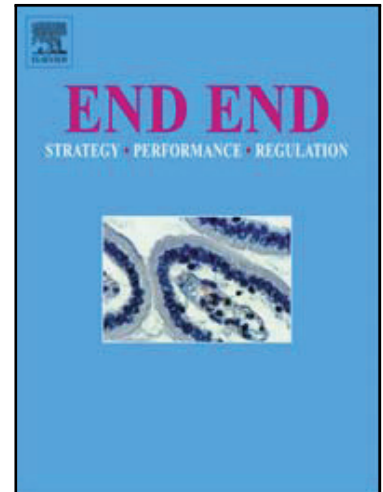
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Acupuncture combined with cupping therapy for 30 cases of intractable hiccup

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Clinical Report

Acupuncture combined with cupping therapy for 30 cases of intractable hiccup

针罐结合治疗顽固性呃逆 30 例

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ABSTRACT Objective To observe the clinical efficacy of acupuncture combined with cupping therapy for intractable hiccup. **Methods** Thirty patients with intractable hiccup were treated by adopting acupuncture combined with cupping therapy. Acupuncture was performed at Cuánzhú (攒竹 BL 2), Nèiguān (内关 PC 6), Zhōngwǎn (中脘 CV 12) and Zúsānlǐ (足三里 ST 36), with the time of needle retention for 30 min. Flash cupping was carried out on Fèishū (肺俞 BL 13), Géshū (膈俞 BL 17) and Wèishū (胃俞 BL 21), with the time of cup retention for 8-10 min. The treatment was conducted once a day, and 10 treatments were considered as one course of treatment. Clinical efficacy was observed after one course treatment. **Results** Among the 30 patients, 22 cases were cured, accounting for 73.33% (22/30), effective relief was found in 5 cases, accounting for 16.67% (5/30), and 3 cases had no improvement, accounting for 10.00% (3/30). The total effective rate was 90.00% (27/30). **Conclusion** The clinical efficacy of acupuncture combined with cupping therapy for intractable hiccup is satisfactory, which is worthy of clinical promotion and application.

KEY WORDS: intractable hiccup; acupuncture combined with cupping therapy

Hiccup refers to a kind of disease with belch which is continuous, short and frequent due to upward rushing of *qi* counter flow. Hiccup attacks continuously or intermittently which cannot be controlled by patients. In western medicine, hiccup is

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