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Authors: Catherine A. Rappole, Tyson Grier, Morgan K. Anderson, Veronique Hauschild, Bruce H. Jones

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Associations of age, aerobic fitness, and body mass index with injury in an operational Army

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Catherine A. Rappole<sup>a,\*</sup>, catherine.a.rappole.ctr@mail.mil

Tyson Grier<sup>a</sup>, tyson.l.grier.civ@mail.mil

Morgan K. Anderson<sup>a</sup>, morgan.k.anderson@gmail.com

Veronique Hauschilda, veronique.d.hauschild.civ@mail.mil

Bruce H. Jonesa, bruce.h.jones.civ@mail.mil

<sup>a</sup> Injury Prevention Division, Clinical Public Health and Epidemiology Directorate, United States

Army Public Health Center, 5158 Black Hawk Road, Aberdeen Proving Ground, MD 21010-

5403

\* Corresponding author. Catherine Rappole

Tel.: +1 410 436 4655

E-mail address: usarmy.apg.medcom-phc.mbx.injuryprevention@mail.mil

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Abstract

Objectives: To investigate the effects of body mass index (BMI), age, and aerobic endurance on

injury risk in operational Army Soldiers. Design: Retrospective cohort study. Methods: Male

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