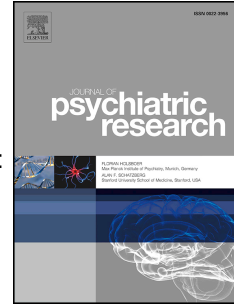


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Effects of chair yoga therapy on physical fitness in patients with psychiatric disorders:
A 12-week single-blind randomized controlled trial

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7 **Effects of Chair Yoga Therapy on Physical Fitness in Patients with Psychiatric**

8 **Disorders: A 12-Week Single-Blind Randomized Controlled Trial**

9 Abbreviated Title: *Chair Yoga for Physical Fitness*

10

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