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Is elaboration of affective content sufficient to attenuate emotional responses during reappraisal procedures?

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Highlights

- Unspecific cognitive activity attenuates affective responses during reappraisal task
- Additive influence of reappraisal and unspecific cognitive activity is postulated
- Control conditions for emotional regulation procedures should be cautiously designed

Abstract: Reappraisal is an emotion regulation strategy which involves changing the interpretation of emotional stimuli. It decreases measures of negative affect together with markers of emotional processing, including late positive potential (LPP). Affective responses can also be attenuated by various cognitive tasks. As reappraisal tasks require cognitive effort to elaborate emotional

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