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Psychological variables implied in the therapeutic effect of ayahuasca: a contextual approach

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Highlights

- Ayahuasca is being used for religious, therapeutic and personal growth purposes.
- The ayahuasca-induced introspective experience has been shown to have therapeutic potential.
- Contextual psychotherapy variables could explain the therapeutic effects of ayahuasca
- Results confirm that ayahuasca users scored high in Decentering and Positive self.
- Scores in Decentering were higher in the more experienced subjects

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