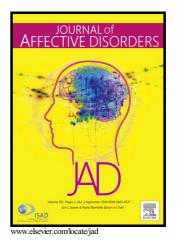
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The association between mental health problems and menstrual cycle

irregularity among adolescent Korean girls

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Abstract

Background

Menstrual cycle irregularity is common among adolescents and can induce mental health problems such as stress, depression, and suicidal ideation. We examined the association between mental health problems and menstrual cycle irregularity among adolescent Korean girls.

Methods

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