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Knee flexion strength is significantly reduced following competition in semiprofessional Australian Rules football athletes: Implications for injury prevention programs

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PII: S1466-853X(17)30207-9

DOI: 10.1016/j.ptsp.2018.01.001

Reference: YPTSP 856

To appear in: *Physical Therapy in Sport*

Received Date: 10 May 2017

Revised Date: 3 January 2018

Accepted Date: 5 January 2018

Please cite this article as: Charlton, P.C., Raysmith, B., Wollin, M., Rice, S., Purdam, C., Clark, R.A., Drew, M.K., Knee flexion strength is significantly reduced following competition in semi-professional Australian Rules football athletes: Implications for injury prevention programs, *Physical Therapy in Sports* (2018), doi: 10.1016/j.ptsp.2018.01.001.

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ACCEPTED MANUSCRIPT

1	Knee flexion strength is significantly reduced following competition in semi-professional
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12	Running heading: Knee flexion strength is reduced following match-play in Australian Rules
13	Football
14	Original paper for: Physical Therapy in Sport
15	Study Design: Repeated measures design
16	Conflicts of Interest: Nil
17	Funding Source: The Australian Collaboration for Research into Injury in Sport and its Prevention
18	(ACRISP) is one of the International Research Centres for Prevention of Injury and Protection of
19	Athlete Health supported by the International Olympic Committee (IOC)
20	Words (Body): 2,778
21	Words (Abstract): 250
22 23 24 25 26 27 28 29 30 31	*Corresponding Author: Dr Paula Charlton, DClinPhysio, MPhysio(Musc), MPhysio(Sports), MEx Sc, PhD Candidate Senior Sports Physiotherapist c/o AIS Physical Therapies Australian Institute of Sport Leverrier Cr, Bruce ACT 2614, Australia Tel: +61 2 6214 1253 Fax: +61 2 6214 1753 Email: paula.charlton@ausport.gov.au

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