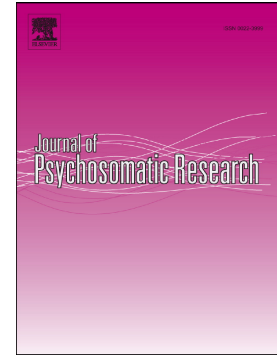


## Accepted Manuscript

Holding the body in mind: Interoceptive awareness, dispositional mindfulness and psychological well-being

Adam W. Hanley, Wolf E. Mehling, Eric L. Garland



PII: S0022-3999(17)30139-3  
DOI: doi: [10.1016/j.jpsychores.2017.05.014](https://doi.org/10.1016/j.jpsychores.2017.05.014)  
Reference: PSR 9343  
To appear in: *Journal of Psychosomatic Research*  
Received date: 21 February 2017  
Revised date: 16 May 2017  
Accepted date: 17 May 2017

Please cite this article as: Adam W. Hanley, Wolf E. Mehling, Eric L. Garland , Holding the body in mind: Interoceptive awareness, dispositional mindfulness and psychological well-being, *Journal of Psychosomatic Research* (2017), doi: [10.1016/j.jpsychores.2017.05.014](https://doi.org/10.1016/j.jpsychores.2017.05.014)

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

**Holding the Body in Mind: Interoceptive Awareness, Dispositional Mindfulness and Psychological Well-Being**

Adam W. Hanley, PhD

University of Utah, adam.hanley@utah.edu

Wolf E. Mehling, MD

University of California, San Francisco Medical Center, Wolf.Mehling@ucsf.edu

Eric L. Garland, PhD

University of Utah, eric.garland@socwk.utah.edu

**Corresponding Author Note**

Eric L. Garland, PhD, Integrative Medicine – Supportive Oncology, Huntsman cancer Institute, University of Utah, Salt Lake City, UT.

Correspondence regarding this manuscript should be addressed to Eric Garland, Integrative Medicine – Supportive Oncology, Huntsman cancer Institute, University of Utah, 395 South 1500 East, Salt Lake City, UT 84112. E-mail: eric.garland@socwk.utah.edu.

**Declaration of Conflicting Interests**

Adam Hanley, Wolf Mehling and Eric Garland declare no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Eric Garland was supported in the preparation of this manuscript by Grant R34DA037005 from NIDA.

متن کامل مقاله

دریافت فوری ←

**ISI**Articles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات