

Author's Accepted Manuscript

Detached mindfulness reduced both depression and anxiety in elderly women with major depressive disorders

Mohammad Ahmadpanah, Tayebe Akbari, Aminah Akhondi, Mohammad Haghghi, Leila Jahangard, Dena Sadeghi Bahmani, Hafez Bajoghli, Edith Holsboer-Trachsler, Serge Brand



PII: S0165-1781(16)31288-4
DOI: <http://dx.doi.org/10.1016/j.psychres.2017.07.030>
Reference: PSY10664

To appear in: *Psychiatry Research*

Received date: 5 August 2016
Revised date: 4 July 2017
Accepted date: 14 July 2017

Cite this article as: Mohammad Ahmadpanah, Tayebe Akbari, Aminah Akhondi, Mohammad Haghghi, Leila Jahangard, Dena Sadeghi Bahmani, Hafez Bajoghli, Edith Holsboer-Trachsler and Serge Brand, Detached mindfulness reduced both depression and anxiety in elderly women with major depressive disorders *Psychiatry Research*, <http://dx.doi.org/10.1016/j.psychres.2017.07.030>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Detached mindfulness reduced both depression and anxiety in elderly women with major depressive disorders

Mohammad Ahmadpanah^a, Tayebe Akbari^b, Amineh Akhondi^c, Mohammad Haghghi^a, Leila Jahangard^a, Dena Sadeghi Bahmani^d, Hafez Bajoghli^e, Edith Holsboer-Trachsler^d, Serge Brand^{d,f,g*}

^aBehavioral Disorders and Substances Abuse Research Center. Hamadan University of Medical Sciences, Hamadan, Iran

^bWhite Jasmine Adult Nursing Home. Hamadan, Iran

^cHamadan Educational Organization, Ministry of Education. Hamadan, Iran

^dPsychiatric Clinics of the University of Basel, Center for Affective, Stress und Sleep Disorders, University of Basel, Basel, Switzerland

^eIranian National Center for Addiction Studies (INCAS), Tehran University of Medical Sciences, Tehran, Iran

^fDepartment of Sport, Exercise and Health, Division of Sport and Psychosocial Health, University of Basel, Basel, Switzerland

^gSleep Disorders Research Center, Kermanshah University of Medical Sciences (KUMS), Kermanshah, Iran

*Corresponding address. Serge Brand, PhD, University of Basel, Psychiatric Clinics (UPK), Center for Affective, Stress and Sleep Disorders (ZASS), Wilhelm Klein-Strasse 27, 4012 Basel – Switzerland, +4161 32 55 114 (voice), +4161 32 55 513 (fax), serge.brand@upkbs.ch

متن کامل مقاله

دریافت فوری ←

ISIArticles

مرجع مقالات تخصصی ایران

- ✓ امکان دانلود نسخه تمام متن مقالات انگلیسی
- ✓ امکان دانلود نسخه ترجمه شده مقالات
- ✓ پذیرش سفارش ترجمه تخصصی
- ✓ امکان جستجو در آرشیو جامعی از صدها موضوع و هزاران مقاله
- ✓ امکان دانلود رایگان ۲ صفحه اول هر مقاله
- ✓ امکان پرداخت اینترنتی با کلیه کارت های عضو شتاب
- ✓ دانلود فوری مقاله پس از پرداخت آنلاین
- ✓ پشتیبانی کامل خرید با بهره مندی از سیستم هوشمند رهگیری سفارشات