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Postpartum posttraumatic and acute stress in mothers and fathers of infants with very low birth weight: Cross-sectional results from a controlled multicentre cohort study

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Highlights

- Posttraumatic stress and disorders in parents after preterm and birth at term were examined.
- Postpartum posttraumatic stress (PTSS) was higher in parents of preterm infants.
- This risk for acute stress disorders was increased in mothers with preterm infants.
- The risk for postpartum stress disorders was not elevated in parents with preterm infants.
- Important risk factors for PTSS were stress during birth, social support and preterm birth.

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