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Effects of movement impairment based treatment in the management of mechanical neck pain

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TITLE PAGE

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<u>ABSTRACT</u>

Background: Neck pain is a common musculoskeletal complaint in computer users due to prolonged static or awkward work postures. It has been shown that pathogenesis of neck pain is associated with scapular movement impairment syndromes. However, there is a dearth of literature in treatment based on these syndromes.

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